

THE TWO BIG POTS AT THE END OF THE RAINBOW

Big Pot I

In Family Wellness, Balance is Key. For each, there is a unique color mix and balance. Teens and grandparents are full family team members.

Rate your family wellness mix and balance.

In wellness, **Everything Effects Everything Else.**

Ratings	Red (Health)	Orange (Relationships)	Yellow (Information)	Green (Roots)	Blue (Values)	Purple (Faith)
5						
4						
3						
2						
1						

BIG POT II: THE Family Takes Back Control of its Money

The whole family goes for serious money revamp:

- Separate fixed from optional costs
- Makes savings a fixed cost
- Savings rate of 25% provides for education, retirement and insurance
- To do this reexamine house and card indebtedness
- Get rid of online banking, debit cards and unused credit cards
- Limit internet purchases to solid sources only
- Pay down monthly credit card balances
- Invest only in well known, safe sources

A Family Balance Sheet that Balances Can Lead to Balanced Wellness