



YOUR TITLE HERE
A FAMILY WELLNESS SELF-CARE TOOL

WELLNESS IS THE WAY TO FAMILY TOGETHERNESS

To cook a tasty dish, we know we must follow the recipe.

But, to raise children, we think that we know best.

To furnish a home, we are careful about
appliances and furnishings.

But, for family well-being, we operate without a prescription.

Many families are suffering fragmentation: losing togetherness.

On our own, our chances of making bad choices go way up.

With togetherness, family members look out for each other.

The Rainbow for Family Wellness

Is one prescription of god choices.

Family Wellness brings families together.

Please see www.familycybermall.org for the details.

For information please contact:

Your contact information here